

FAMILY NIGHT ★

Taste of La Ballona featuring **GrowingGreat**

Healthy Lunch Ideas presented by

GrowingGreat co-founder & parent Lori Sherman

Free



Getting to Know GrowingGreat

We are a non-profit that delivers nutrition & garden lessons to your children! We are looking for parent volunteers in the classroom and the school garden. Visit us at www.GrowingGreat.org.

Healthy Lunch Ideas

Learn how to pack a simple lunch to fuel your child through their school day.

Stay for the food samples and free raffle!



Friday, January 25th ★

Food Demo 6:30 - 7:00pm

Taste of La Ballona 7:00 - 9:00pm

Located in the La Ballona Cafeteria

Questions? Contact Jill Coons,
Program Manager at 310-939-9216.

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